

Section 4A T&F Championships

at Macalester College St. Paul, MN - 5/30/2013 to 6/1/2013

Team results: (12,10,8,6,5,4,3,2,1)

St. Croix Lutheran 156, Minnehaha Academy 133, Watertown-Mayer 72, Blake 71, Christ's Household Faith 62, Concordia Academy-Rosevil 57, Mayer Lutheran 53, Mounds Park Academy 41, New Life Academy/Bethany A 39, St. Paul Academy & Summit 37, Breck 36, Providence Academy 33, Washington Technology Magn 24, Prairie Seeds Academy 22, St. Agnes 18, St. Croix Preparatory Aca 18, International School of MN 9, Trinity School River Ridg 9, Minneapolis North Communit 8, Math and Science Academy 6, Nova Classical Academy 4, Southwest Christian 3, Brooklyn Center 3

100 Meter Dash (p= prelims, s=semis)

1 CJ Moise Damey 10 Prairie Seed 11.00p 11.11s 10.97
2 Kendall Strandlund 12 Christ's Hou 11.05p 11.09s 11.22
3 Ben Nguyen 12 St. Croix Lu 11.32p 11.49s 11.45
4 Peter Stover 12 Concordia Ac 11.52p 11.38s 11.46
5 Joe Werz 11 St. Croix Lu 11.48p 11.40s 11.67
6 Jeremy Price 12 Mayer Luther 11.53p 11.56s 11.73
7 Nick Hix 11 Watertown-Ma 11.41p 11.65s 11.76
8 Kenny Reed 11 Mpls North 11.57p 11.72s 12.08
9 Conor White 10 Providence A 11.26p 11.54s 13.07

200 Meter Dash (p= prelims, s=semis) (wind -1.1)

1 Kendall Strandlund 12 Christ's Hou 22.17p 22.26s 22.73
2 CJ Moise Damey 10 Prairie Seed 22.87p 22.39s 23.01
3 Jonathan Webb 10 Minnehaha Ac 22.52p 22.50s 23.19
4 Keenan Baynard 12 Minnehaha Ac 23.83p 23.19s 23.75
5 Ben Nguyen 12 St. Croix Lu 23.22p 23.29s 23.89
6 Cameron Mehls 12 St. Croix Pr 23.71p 23.78s 24.09
7 Peter Stover 12 Concordia Ac 24.28p 23.06s 24.39
8 Austin Moldenhauer 11 Concordia Ac 23.68p 23.62s 24.42
9 Dan Raiter 12 Watertown-Ma 23.40p 23.69s 25.39

400 Meter Dash

1 Kendall Strandlund 12 Christ's Hou 49.77p 49.39
2 Jonathan Webb 10 Minnehaha Ac 50.98p 50.29
3 Bryce Johnson 10 Breck School 50.85p 51.47
4 Kenny Reed 11 Minneapolis 51.89p 51.66
5 Francesco Di Capri 12 St. Paul Aca 51.95p 52.09
6 Alex Fredrickson 12 Mayer Luther 51.92p 52.30
7 Nick Richardson 12 St. Croix Pr 54.84p 53.97
8 Jacob Eggers 12 Minnehaha Ac 53.61p 54.02
9 Ryan Dunphy 11 Blake School 54.07p 54.27

800 Meter Run

1 Nicholas Manciu 11 Providence A 2:04.28p 1:59.57
2 Kyle Fredrickson 12 Mayer Luther 2:03.48p 1:59.64
3 Sam Hagen 11 New Life Aca 2:02.68p 2:00.90
4 Nolan Ferlic 11 Mounds Park 2:08.49p 2:02.68
5 Seamus Jones 12 Minnehaha Ac 2:04.52p 2:03.75
6 Shawn Ramberg 11 Math and Sci 2:08.19p 2:04.54
7 Mark Lind 12 Minnehaha Ac 2:05.32p 2:04.80
8 Ian Bramstedt 11 St. Croix Pr 2:08.36p 2:05.06
9 Jacob Birkey 11 St. Agnes 2:04.28p 2:06.08

1600 Meter Run

1 Ashenafi Hatte 10 Washington T 4:30.68
2 Luke Brown 12 Minnehaha Ac 4:31.45
3 Evan Ferlic 10 Mounds Park 4:35.81
4 Mike Destache 10 St. Paul Aca 4:37.78
5 Jacob Birkey 11 St. Agnes 4:40.15
6 Gabriel Otten 11 Christ's Hou 4:42.98
7 JP Flanders 11 Providence A 4:44.99
8 Joe Vallin 11 Concordia Ac 4:45.91
9 Jake Levy 10 Breck School 4:47.60

3200 Meter Run

1 Ashenafi Hatte 10 Washington T 9:43.65
2 Ephraim Bird 9 Minnehaha Ac 9:43.77
3 Ethan Wagner 11 Minnehaha Ac 9:44.22
4 Mike Destache 10 St. Paul Aca 9:48.20
5 Kethan Dahlberg 11 Mounds Park 10:08.52
6 Jesse Greenhagen 12 Mayer Luther 10:21.42
7 Michael Mitchell 8 Blake School 10:24.65
8 Matthew McDermott 12 St. Croix Lu 10:27.62
9 Jeremy Leonard 9 St. Croix Lu 10:33.69

110 Meter Hurdles (p= prelims, s=semis) Wind +0.0

1 Jon Tollefson 10 St. Croix Lu 15.58p 15.54s 14.47**
2 Mark Schreiner 11 New Life Aca 16.20p 15.85s 15.77
3 Alex Katz 12 Minnehaha Ac 17.23p 17.39s 16.72
4 Jake Beasy 12 Concordia Ac 17.18p 17.15s 16.97
5 Ian Klas 12 Watertown-Ma 17.56p 17.44s 17.24
6 Ryan Stob 12 St. Croix Lu 17.26p 17.12s 17.29
7 Anders Huft 10 Internationa 17.82p 17.61s 17.41
8 Nathan Schneewind 12 Mayer Luther 17.25p 17.58s 17.50
9 Josh Oak 11 Watertown-Ma 18.04p 17.87s 17.74

300 Meter Hurdles

1 Jon Tollefson 10 St. Croix Lu 43.71p 40.70
2 Samuel Lundquist 10 Minnehaha Ac 42.78p 41.00
3 Mark Schreiner 11 New Life Aca 42.29p 41.69
4 Jake Beasy 12 Concordia Ac 44.80p 43.88
5 John Fauver 12 St. Paul Aca 43.03p 44.39
6 Luke Sandquist 11 Watertown-Ma 45.99p 44.46
7 Dane Birkeland 11 Minnehaha Ac 44.14p 44.88
8 Noah Pehrson 12 Trinity Scho 45.40p 45.21
9 Austin Have 8 St. Croix Pr 45.12p 45.48

4x100 Meter Relay

1 St. Croix Lutheran 45.17p 45.20
2 Concordia Academy-Roseville 45.15p 45.23
3 Watertown-Mayer 45.43p 45.45
4 Minnehaha Academy 46.99p 47.18
5 Breck School 47.43p 47.48
6 Mounds Park Academy 47.58p 47.51
7 New Life Academy/Bethany Acade 47.87p 47.58
8 Providence Academy 46.98p 47.64
-- St. Paul Humboldt 48.37p SCR

4x200 Meter Relay

1 St. Croix Lutheran 1:36.01p 1:32.10
2 Watertown-Mayer 1:33.07p 1:32.22
3 Breck School 1:36.91p 1:34.10
4 New Life Academy/Bethany Acade 1:36.20p 1:36.64
5 St. Paul Academy & Summit 1:34.32p 1:39.12
6 Blake School 1:42.54p 1:39.55
7 Brooklyn Center 1:38.97p 1:42.23
-- Mounds Park Academy 1:38.51p DNF
-- Concordia Academy-Roseville 1:43.77p DNF

4x400 Meter Relay

- 1 Minnehaha Academy 3:36.56p 3:31.06
- 2 St. Paul Academy & Summit 3:32.35p 3:32.23
- 3 Breck School 3:35.23p 3:34.53
- 4 Mayer Lutheran 3:32.84p 3:36.85
- 5 St. Croix Preparatory Academy 3:36.21p 3:38.76
- 6 St. Croix Lutheran 3:41.77p 3:41.89
- 7 Trinity School River Ridge 3:48.43p 3:44.30
- 8 Providence Academy 3:44.53p 3:44.49
- 9 International School of Mn/Era 3:48.77p 3:46.57

4x800 Meter Relay

- 1 Minnehaha Academy 8:10.01
- 2 Mounds Park Academy 8:11.65
- 3 Mayer Lutheran 8:16.32
- 4 St. Croix Lutheran 8:20.81
- 5 International School of Mn/Era 8:45.16
- 6 Trinity School River Ridge 8:45.70
- 7 Southwest Christian 8:49.21
- 8 Math and Science Academy 8:51.45
- 9 Watertown-Mayer 8:57.14

High Jump

- 1 Anders Strandlund 9 Christ's Hou 6-03.00
- 2 Hunter Hulley 11 Watertown-Ma 6-02.00
- 3 Keenan Baynard 12 Minnehaha Ac 6-01.00
- 4 Will Culliton 10 Breck School 6-00.00
- 5 Jacob Buller 10 St. Croix Lu 5-11.00
- 6 Grant Krieger 12 Blake School 5-09.00
- 6 Cameron Hastings 11 Blake School 5-09.00
- 8 Collis McKenzie 9 Minnehaha Ac 5-09.00
- 9 Matthew Tucker 11 St. Croix Lu 5-09.00

Pole Vault

- 1 Grant Krieger 12 Blake School 13-00.00
- 2 Christian Friberg 12 Concordia Ac 12-06.00
- 3 Topher Hunnewell 11 Blake School 12-00.00
- 4 Eric Smith 11 Minnehaha Ac J12-00.00
- 5 Nathan Schneewind 12 Mayer Luther J12-00.00
- 6 Matt Carlson 12 Mayer Luther 11-06.00
- 7 Ethan Marshall 11 St. Croix Lu 11-00.00
- 8 Jacob Buller 10 St. Croix Lu J11-00.00
- 9 Michael Loes 11 St. Agnes 10-00.00

Long Jump

- 1 Kendall Strandlund 12 Christ's Hou 21-06.25
- 2 Conor White 10 Providence A 20-05.50
- 3 Nolan Ferlic 11 Mounds Park 20-04.75
- 4 Victor Tshibangu 11 St. Croix Lu 20-03.00
- 5 Nate Haugen 12 St. Croix Lu 19-09.25
- 6 Jaelen Keavy 12 Watertown-Ma 18-11.00
- 7 Mitchell Koeckerit 9 Minnehaha Ac 18-10.50
- 8 Grant Krieger 12 Blake School 18-09.25
- 9 Kyle Linton 11 New Life Aca 18-02.25

Triple Jump

- 1 Nate Haugen 12 St. Croix Lu 42-02.00
- 2 Cameron Hastings 11 Blake School 42-01.00
- 3 Riley Hillstrom 11 St. Croix Lu 41-06.00
- 4 Jacob Buller 10 St. Croix Lu 41-03.00
- 5 Jake Daniels 12 Mayer Luther 41-01.00
- 6 Bakari Jackson 10 Nova Classic 40-02.00
- 7 Jesse Bushman 10 Watertown-Ma 39-07.00
- 8 Eric Young 11 Concordia Ac 39-05.00
- 9 Collis McKenzie 9 Minnehaha Ac 39-01.50

Shot Put

- 1 Jake Hoops 11 Blake School 48-02.00
- 2 Andy Tiarks 12 St. Croix Lu 46-10.50
- 3 Davion Franklin 12 Watertown-Ma 45-08.75
- 4 Vincent Cronk 12 St. Agnes 45-08.00
- 5 Randy Gehl 10 St. Croix Lu 43-11.75
- 6 David Paulson 12 Concordia Ac 43-00.00
- 7 Jacob Salkowicz 11 St. Croix Pr 42-00.25
- 8 Trent Wiebusch 10 Providence A 40-05.00
- 9 Mark Esser 11 Mayer Luther 40-04.00

Discus Throw

- 1 Jake Hoops 11 Blake School 140-08
- 2 Andy Tiarks 12 St. Croix Lu 131-02.00
- 3 Luke Sandquist 11 Watertown-Ma 130-02
- 4 Ethan Thonn 11 Watertown-Ma 128-11
- 5 Vincent Cronk 12 St. Agnes 127-10
- 6 David Paulson 12 Concordia Ac 123-06
- 7 Matthew Michaud` 12 New Life Aca 121-04
- 8 Isaac Hernandez 10 Concordia Ac 120-08
- 9 Michael Warren 12 Providence A 120-00